

101 Ways to Motivate Students for the ACT

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Motivation: The #1 Factor in ACT Score Growth

Modern Motivation Science and the ACT

Self Determination Theory: Needs

Autonomy



Self Determination Theory: Needs



Competence

Self Determination Theory: Needs

Relatedness



Self Determination Theory: Needs

- Autonomy
- Competence
- Relatedness

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How does the ACT and going to college fit align with these needs?

Conclusions

Autonomy

- Eliminate the "You Have to Do This" Speeches
- Eliminate the "I Have to Do This" Speeches
- Provide open-ended activities and choice

Conclusions

Relatedness

- Avoid singling out high-performers in ways hostile to peers.
- Create clubs and groups that tap into the social nature of college-going
- Focus attention on the social benefits of going to college.

Conclusions

Competence

- Avoid overwhelming students with difficult test items.
- Create opportunities for students to demonstrate and be recognized for competence.
- Inform students on the path to increased competence on the ACT. (Rules of the game.)

Three Motivation Dimensions

Extrinsic

Intrinsic

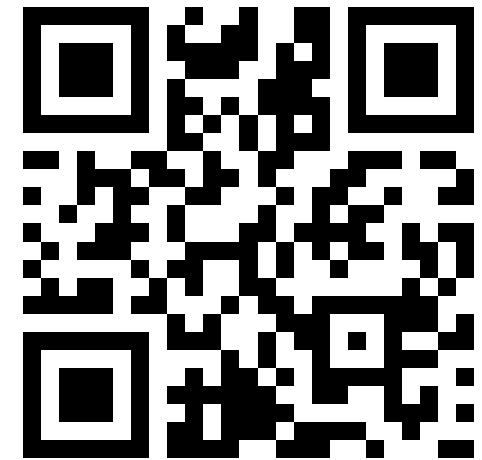
Amotivation

4-Part Motivation Series

1. Modern Motivation Science and the ACT
2. Using Extrinsic Motivators to Boost ACT Scores
3. Enhancing Intrinsic Motivators to Improve ACT Outcomes
4. Effectively Combating Amotivation

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